

Lesson Plan
B.A.5th sem
Psychopathology

Week	Date	Topic
1	01 Aug to 05 Aug	Concept of Normality and Abnormality
2	06 Aug to 15 Aug.	Models of Psychopathology :- Biological Model
3	16 Aug to 20 Aug	Psychodynamic Model
4	21 Aug to 30 Aug	Behavioural and Cognitive Model
5	31 Aug to 10 Sep	Classification of Psychopathology:- Need of Classification and DSM system
6	11 Sep to 20 Sep	Diagnostic Assessment:- Case history, Interview and Projective
7	21 Sep to 30 Sep	Anxiety Based Disorder:- GAD
8	01 Oct to 10 Oct	OCD and Phobia
9	11 Oct to 20 Oct	Substance/Drug Abuse:- Causes, Consequences
10	21 Oct to 27 Oct	Rehabilitation
11	04 Nov to 10 Nov	Mood Disorders: Unipolar disorder
12	11 Nov to 15 Nov	Bipolar disorder:-Symptoms and Causes
13	16 Nov to 20 Nov	Schizophrenia:- Nature, Types and Causes
14	20 Nov to exam	Revision

Lesson Plan
B.A.3rd sem
Experimental Psychology

Week	Date	Topic
1	01 Aug to 10 Aug	Experimental Psychology: Nature,
2	10 Aug to 20 Aug	Historical development
3	21 Aug to 30 Aug	Experimental Method
4	1 Sep to 10 Sep	Perception: Nature, and characteristics
5	11 Sep to 15 Sep	Perception of Form
6	16 Sep to 30 Sep	Perception of Depth and Movements
7	01 Oct 15th Oct	Psychophysics: Nature, Concept of continuum
8	17th Oct to 22nd Oct	Problems of Psychophysics
9	24th Oct to 29th Oct	Method of Limit, Method of constant stimuli and Average Error Method
10	31st Oct to 5th Nov	Learning: Nature and Factors Affecting and theories of Learning
11	7th Nov to 12th Nov	Memory: Process and Types, Methods to study Memory
12	14th Nov to 19th Nov	Thinking: Nature and Types
13	21st Nov to 26th Nov	Problem Solving: Nature and Stages of PS
14	28th Nov to 10 December	Verbal Learning: Nature , Material, and Organizational Processes

Lesson Plan
B.A.1st sem
Psychology

Week	Date	Topic
1	01 Aug to 17 Aug	Nature, History and Emergence as science
2	20 Aug to 01 sep	Subject matter of Psychology, Methods of Psychology:- Interview
3	02 sep to 17th sep	Experimental Method and Case study
4	19th Sep to 24th Sep	Sensory Process: Visual, Auditory- Structure and functions of Eye and Ear
5	26th Sep to 1st Oct	Attention: Nature
6	3rd Oct to 8th Oct	Attention: Characteristics and Types
7	10th Oct 15th Oct	Emotion:- Nature, Factors affecting and Theory of Emotion
8	17th Oct to 22nd Oct	Motivation:- Nature, Need , Drives and Incentives, Biological and Psychological Motives
9	24th Oct to 29th Oct	Personality:- Nature aand Factors affecting
10	31st Oct to 5th Nov	Determinants of Personality
11	7th Nov to 12th Nov	Type and Trait Approach of Personality
12	14th Nov to 19th Nov	Intelligence:- Nature, Spearman theory
13	21st Nov to 26th Nov	Thurstone and Cattell theory
14	28th Nov to exam	Revision